

Good Writers..... Show Don't Tell

EXPLODE the Moment!

Use your words to **SHOW** the reader what a feeling looks like.

Showing Emotions & Feelings...

NOT TELLING

AFRAID

hands shaking
knees like rubber
covering mouth with hand
heavy, fast breathing
heart pounding
whimpering

ANGRY

red in the face
hands on hips
Jaw/hands clenched
Veins popping
dark squinted eyes
punching hand into fist

SHOCKED

mouth wide open
eyes popping open
hands covering mouth
jumping/stepping back
gasping for air
heart beating fast

SHY

blushing
looking down
speaking softly
arms crossed
standing away from others
hiding behind things

NERVOUS

tapping hands or feet
biting bottom lip
butterflies in stomach
stuttering
lump in your throat
playing with hair

HOT

bright red face
sweat on face/back
fanning self with hand
moving slowly
panting for breath
drenched hairline

TIRED

droopy red eyes
yawning
trying to keep eyes open
slouching in chair
leaning hands on head
rubbing eyes

SAD

tears in eyes
trembling lips
hanging head low
dragging feet
corners of lips fall towards floor
shaky, quiet voice

EMBARRASSED

blushing/turn red
hanging head low
holding back tears
rolling eyes
stomach flips
hiding face

HAPPY

Smiling face
eyes wide open
corners of mouth rising
jumping up and down
laughing, giggling
on cloud nine

COLD

shivering
rubbing hands together
hugging self
blowing on hands
seeing breath in the air
eyes watering/tears freezing

EXCITED

mouth wide open
heart pounding
jumping up and down
clapping or clasping hands
eyes wide open
huge smile across face

**What is his emotion?
How do you know?**

**Look at his face,
hands, and feet.
How would you
describe them?**



Guess the Emotion.....

Guess The Emotion!

Alex's face turned a deep shade of red. His jaw clenched, and his hands were curled into tight fists. He glared out through squinty eyes and breathed heavily. The veins in his neck seemed ready to pop!

Click on the box below to reveal the emotion.





Show, Don't Tell!



I had to go to the dentist to get a cavity filled. I was feeling very nervous. I was really terrified of going to the dentist. I was scared that it was going to hurt. I worried about it all day long.

I had to go to the dentist to get a cavity filled. My stomach was in knots. I felt like I was going to throw up. My palms were sweating and my hands were shaking. Going to the dentist made me feel like I wanted to scream. I closed my eyes real tight and tried not to imagine how much it was going to hurt. I couldn't slow down my heart beat. It seemed to be pounding a mile a minute. I tried to stop biting my nails, but I was just dreading the idea of having a needle in my mouth. OUCH!

Let's practice together....

What do we notice?

1. Jot down the details.

2. Let's write a paragraph together.

Explode the moment.
Show don't tell.



Bulging staring eyes

Eyebrows raised

Crouched low on
his knees and
arms

Grabbing
tightly to
the diving
board

20 feet above the pool

What do you notice?

1. Jot down the details.

2. Write a paragraph.

Explode the moment. Show don't tell.



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Explode the moment. Show don't tell.



REMEMBER
THAT GOOD
WRITERS
ALWAYS...

Show don't
tell and
EXPLODE
the moment!

